

# SMARTLIST

The HealthSmart team has tried, tested and selected its favourite products to keep you looking great, feeling healthy, eating well and loving life!



## 2. BOHEMIAN WRAPSODY

Give the paper bag a pass, and carry your Lush Sex Bomb Bath Ballistic (RRP \$7.95) and Rock Star Soap (RRP \$7.90) in a vintage scarf Knot Wrap (RRP \$5.50). It's the fashionable and environmental choice.

[lush.com.au](http://lush.com.au)

## 3. CHEESE PLEASE

Cheese is a passion best shared with others, so serve up a few of your favourites on this Noosa Cheese Platter from Sunnlylife. The Pop Art graphics will make your snack even more enticing. RRP \$19.95

[sunnlylife.com.au](http://sunnlylife.com.au)

## 4. PRICKLY PRESSURE

Deflate built-up tension with these spiky Massage Balls. Roll them over your pressure points to stimulate blood flow and aid recovery from injury. It's a bit like acupuncture, minus the needles. RRP \$20.45

[aokhealth.com](http://aokhealth.com)

## 5. FLORAL FANTASY

If you can't find fairies in your garden, try magical Crystal Soil. The water content of the polymer beads hydrates flowers, so they're perfect for indoor planting and decorating. RRP \$20 per 3pk.

[crystalsoil.com.au](http://crystalsoil.com.au)