

# Come out of your shell

Breeze through a beach summer. By Henrietta Cook

There's no excuse for getting burnt, bored or battered at the beach. A dedicated team of water-oriented designers work around the clock each year to ensure Australian beach-goers have the right accessories to complement their favourite pastime. Whether it's a retro ice-bag that takes the pain out of sunburn, a waterproof radio that blasts out hits in between dips in the ocean or a nifty set of Tupperware containers that keep snacks crisp and sand-free, it seems there is a gadget to suit every seaside situation. Beach lovers can soak up the sun and the surf with this selection of fun, reasonably priced accessories. ■



1 Lion's Retro Ice Bags. Details: retroicebags.com 2 Sportgirl radio. Details: sportgirl.com.au  
3 Bermuda Beach Umbrella. Details: sunnylife.com.au 4 Bucket in a bag. Details: retrojerrycostore.com  
5 Beach 'n' sweets. Details: target.com.au 6 Austra Beach Tote. Details: tupperware.com.au

## Let's talk Bayside



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### Bright n Sandy Food and Wine Festival 2010

Attracting 12,000 food lovers in 2009, the Bright n Sandy Food & Wine Festival is Bayside's ultimate gourmet food, wine and entertainment experience.

- The festival will include presentations and entertainment from:
- Allan Campion, chef, food writer and food tour guide will host food and wine demonstrations throughout the day
  - International guest, chef Paolo D'Angeli from La Fratta restaurant in the Republic of San Marino, will demonstrate special plates from his region in Italy
  - Jennifer Graham, the Cup Cake Queen, will bring to the stage the simple delights of the humble cupcake and demonstrate the art of decorating fail-proof cupcakes
  - Michele Cranston, of Marie Claire cookbooks, will cook up a storm, demonstrating recipes that are both real and simple for the everyday cook
  - Chef Achim Hertrich from Kuche will personalise 'eat your way to a healthy body'
  - Author Tony Chiodo will prepare dishes from his new book, Feel Good Food
  - Paul Raynor from The Baths, Middle Brighton will demonstrate why his restaurant is one of the most popular
  - Adam Rice from Three Palms Sorrento will present his brand of Asian fusion.

The Bright n Sandy Food and Wine Festival 2010 will be held at Green Point, Brighton (Melway 76 C3) on Sunday 21 March from 11am-6pm at Green Point, Brighton. Entry is \$2.

For more information, visit [www.bayside.vic.gov.au/brightnsandy](http://www.bayside.vic.gov.au/brightnsandy)

### New law to protect the welfare of cats in Bayside

Changes to Bayside City Council's local laws require cats to be de-sexed and prevented from roaming at night.

From 1 January 2010 cats are not permitted outside in Bayside between sunset and sunrise.

Keeping the cats inside will help prevent them from breeding, fighting, being injured and killing wildlife and is part of Bayside City Council's commitment to protect the welfare of animals in its community.

All cats must be confined indoors from 8pm until 6am the next day, or between 9pm to 6am during the daylight savings period.

For more information, visit: <http://tiny.cc/baysidecat>

### Bookings open for 'Behaviour management for children' session

Well-known and highly regarded educational consultant Kathy Walker will present 'Behaviour management' which will cover:

- appropriate expectations of children
- why all behaviour has meaning
- promoting appropriate behaviours through understanding consequences, and
- other useful strategies.

The session will be held on Tuesday 23 February 2010 from 7.30pm to 9pm at St Leonard's Uniting Church, 50 New Street, Brighton.

To register to attend, please book online at <http://behaviourmanagement2010.ventbrite.com/> or telephone 9599 4744.

Please note: bookings are essential.

### First Bayside Business Breakfast for 2010

The Bayside Business Breakfast series offer attendees presentations by interactive, informative and engaging business leaders.

Join more than 350 like-minded people eager to network and hear the latest business practices and gain some competitive insights from leading edge thinkers.

The first of the 2010 Business Breakfasts will be held at the International of Brighton on Tuesday morning 2 March 2010 from 7-9am.

The Breakfasts are complimentary to Bayside Business Network Members. Members may purchase additional tickets at \$41 each. Non-members may purchase tickets for \$48.

For more information, visit the Bayside Business Network website at <http://baysidebusiness.com.au>

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 Phone 8667 4700 Classifieds 13 24 25  
 Advertising fax 1300 305 856  
 Editorial fax 8667 4702  
 Advertising email [glossads@fairfax.com.au](mailto:glossads@fairfax.com.au)  
 Editorial email [newsroom@fairfax.com.au](mailto:newsroom@fairfax.com.au)

Acting Editor Dan Stock  
 ([dan.stock@fairfax.com.au](mailto:dan.stock@fairfax.com.au))  
 Division Sales Manager Ben Auchetti  
 ([glossads@fairfax.com.au](mailto:glossads@fairfax.com.au))  
 Sales Manager Mike Hancock  
 Real Estate Manager Craig Knudsen  
 ([craig.knudsen@fairfax.com.au](mailto:craig.knudsen@fairfax.com.au))  
**CENTRAL REGION**  
 Publications Director Fiona Reid  
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**DAN STOCK**  
 ACTING EDITOR

## Worthy of gushing praise

For anyone born since the mid '60s, they are as familiar to us, and as loved, as our own family. Jemima, Big Ted, Little Ted, Humpty and the Bananas (before they went off on their solo career) were there to guide us through the soup of learning our ABCs, to share the highs (and lows) of counting, and to enjoy breaking out into such songs as *If You're Happy and You Know It* as much as we did.

But the gang didn't work alone. Over the years they've been helped by such luminaries of stage and screen as Ruth Cracknell, Lorraine Bayly and Colin Friels. Currently, Georgie Parker, Alex Papps, Justine Clarke and the PM's book buddy Rhys Muldoon are among those who clock on when *There's a Bear in There* starts to play.

Like I'm sure everyone does, I tend to think my *Play School* presenters were the best. There was Benita with her big, curly locks and Noni with her

fun, cheeky smile, but my favourite was blond John. For whatever reason, John Hamblin appealed to this four-year-old, but another John – the other John – was my viewing companion's fave. And why wouldn't he appeal to mum? Devilishly handsome with a rugged smile, John Waters appealed to kids and mums alike for many years.

But presenting *Play School* is but one string to Waters' bow in a career that has spanned more than 40 years. From performing in *Hair* in the late '60s through to a 123-episode stint on *All Saints*, Waters has been a constant presence in Australian entertainment.

On the eve of his return to the stage in the MTC's *The Swimming Club*, MWB journalist Joanne Sim chats with Waters in our cover story this week. Who was your favourite *Play School* presenter? We'd love to know.

[dan.stock@fairfax.com.au](mailto:dan.stock@fairfax.com.au)

inside

Week 04 2010  
 volume 6



**10 cover story**  
 John Waters returns to the stage for the MTC

**12 education**  
 Teaching Shakespeare by trading the Bard's barbs

**16 neighbourhood**  
 Group gathers to wax lyrical together

Every week  
 need to know • 04  
 hear & there • 14  
 table for two • 22  
 domain • 26

OUR COVER THIS WEEK  
 Photograph of John Waters  
 by Julie Bowyer

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## COMING UP:

### BRIGHT N SANDY FOOD & WINE FESTIVAL

Bayside's ultimate gourmet food, wine and entertainment experience hosted by chef and food writer Allan Campion will feature Italian guest chef Paolo D'Angeli alongside Australian chefs, Michele Cranston, Paul Raynor and more...

Location, Green Point, Brighton (Mel 76 C3)  
[www.bayside.vic.gov.au/brightnsandy](http://www.bayside.vic.gov.au/brightnsandy)  
**Sunday 21 March from 11am - 6pm**

### BRIGHT N SANDY FOOD & WINE FESTIVAL - CHILDREN'S ACTIVITIES

Children are well catered for at the festival with a range of activities from pasta making and body art to readings by children's authors and sports activities on the beach.

Location, Green Point, Brighton (Mel 76 C3)  
[www.bayside.vic.gov.au/brightnsandy](http://www.bayside.vic.gov.au/brightnsandy)  
**Sunday 21 March from 11am - 6pm**

### BAYSIDE ARTS & CULTURAL CENTRE

Grant Featherston: redefining interiors is an exhibition exploring the career of one of Australia's leading designers of the 50s, 60s and 70s. The exhibition is open from 11 February to May 2010 Location: Cnr Wilson & Carpenter Streets Brighton (Mel.67 F10). Free entry.

**Open: Thursday & Saturday from 2 - 5pm**

Community events would not be possible without the support of our sponsors. Please visit:  
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 Bayside City Council: 9599 4444

